

Master Operational Compliance in Flight Time Limitations & Crew Rest

Transition from managing schedule disruptions to driving high-precision regulatory compliance and fatigue safety. Fully mapped against UK CAA regulations ORO.FTL.200 through ORO.FTL.250, this course equips operations controllers, crew schedulers, and duty managers with the technical calculations, legal frameworks, and practical decision-making tools required to enforce Flight Time Limitations, manage duty extensions, and maintain crew legality during disruption.

Core Curriculum Breakdown

Module 1: Home Base, Duty & Flight Duty Periods (ORO.FTL.200 & ORO.FTL.205)

- Home Base & Acclimatisation (ORO.FTL.200): Determine crew acclimatisation status, state variations, and home base allocation rules for accurate FDP calculation.
- Maximum Daily Flight Duty Period (ORO.FTL.205): Calculate allowable basic daily FDP based on start time, sectors flown, WOCL encroachment, and extended duty rules.

Module 2: Rest Requirements, Standby & Nutrition (ORO.FTL.210 – ORO.FTL.240)

- Rest Requirements & Time Zone Differences (ORO.FTL.210 & 215): Enforce minimum rest periods at home base and outstations, local night rest rules, and time zone transition compensations.
- Standby & Reserve Duties (ORO.FTL.225 / ORO.FTL.230): Manage airport and line standby limits, duty caps, and positioning transitions before or after operational FDPs.
- Nutrition & Extended Duties (ORO.FTL.235 / ORO.FTL.240): Apply mandatory nutrition meal breaks, split-duty rest reductions, and in-flight rest/augmented crew limits.

Module 3: Flight Times, Cumulative Limits & Discretion (ORO.FTL.210 / 245 / 250)

- Cumulative Duty & Flight Time Limits: Calculate and track maximum flight times across 28 days, 90 days, and 12 calendar months, alongside 7-day and 28-day cumulative duty caps.
- Commander's Discretion & Disruptions (ORO.FTL.205/245): Manage legal extensions, unexpected delays, commander's discretion limits, and post-flight reporting workflows.
- Fatigue Management & Training Systems (ORO.FTL.250): Align FTL calculations with fatigue reporting mechanisms and regulatory compliance standards under AMC1 ORO.FTL.250.

What You Will Gain

- Actionable FTL Audit Tools: Step-by-step calculation templates for FDP limits, acclimatisation grids, standby combinations, and cumulative duty trackers.

- Regulatory Compliance Expertise: Full operational mastery of UK CAA ORO.FTL.200 through 250 statutory requirements.
- Disruption Management Mastery: Practical capability to resolve complex day-of-ops crew legality issues without compromising safety or schedule integrity.

Who Should Enrol?

- Crew Controllers & Schedulers: Looking to calculate precise FDP limits, manage extensions legally, and eliminate FTL compliance breaches.
- OCC Duty Managers & Operations Controllers: Aiming to optimise crew recovery during irregular operations (IROPs) and commander's discretion events.
- Flight Operations Compliance & Quality Auditors: Seeking to audit roster patterns and crew records against UK CAA ORO.FTL regulatory benchmarks.

Frequently Asked Questions

Q: Does this course cover both Flight Crew and Cabin Crew FTL rules?

A: Yes. The curriculum covers core UK CAA ORO.FTL requirements applicable across both flight deck and cabin crew operations, including specific nuances like augmented crews and split duty.

Q: How is the regulatory material delivered?

A: The course combines direct regulatory instruction with real-world case studies, complex duty calculation workshops, and interactive roster stress-testing scenarios.

Q: Can the training incorporate our airline's specific Approved FTL Scheme?

A: Absolutely. While standard UK CAA rules form the foundation, practical calculation exercises can be tailored to incorporate your company's OM-A Section 7 variations and company-specific agreements.

For more information, please contact aviation@crosbyaviation.co.uk.

